



# PORTALS TO THE PAST

Earth Science and History Workshops for Schools and Museums

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Thank you for booking Portals to the Past.

All the information in these documents is the property of Portals to the Past.

Please do not publish on your school website.

In this download there are the dressings up instructions for making costumes and accessories for your workshop, which can be as simple or adventurous as the children like. We would recommend that you show the children the instructions and let them make these costumes at home. The results can be quite amazing.

There are 2 worksheets that you can use in class as you wish, these are not required for the workshop.

It would be helpful if any assemblies planned for the day could be cancelled.

Your workshop leader will arrive by 8.00am to set up.

The quiz sheet will be handed to you on arrival. Please photocopy 1 per child.

The school hall and the children's classrooms will be needed the morning.  
Desktops in the classroom will need to be cleared so activities can set up.

For the afternoon only the school hall will be required.

The order of the presentation can be adjusted to suit your facilities.

Pencils will be required for some activities in the morning.

Any weapons must be made from cardboard or they will not be allowed.

## GREEK BOYS NAMES

These are all names of famous Ancient Greeks. Research the name you choose, and find out what the person was famous for. Make yourself a name badge for Greek day.

<b>Socrates</b>	<b>Plato</b>	<b>Archimedes</b>
<b>Aristotle</b>	<b>Alexander</b>	<b>Sophocles</b>
<b>Euripides</b>	<b>Aeschylus</b>	<b>Pythagorus</b>
<b>Parmenides</b>	<b>Homer</b>	<b>Thales</b>
<b>Cleitomachus</b>	<b>Pericles</b>	<b>Solon</b>
<b>Diagoras</b>	<b>Ladas</b>	<b>Pindar</b>
<b>Hippocrates</b>	<b>Aristophanes</b>	<b>Plato</b>
<b>Democritus</b>	<b>Euclid</b>	<b>Herodotus</b>
<b>Hesiod</b>	<b>Anaxagoras</b>	<b>Zeno</b>
<b>Xenophan</b>	<b>Thucydides</b>	<b>Zeus</b>
<b>Apollo</b>	<b>Jason</b>	<b>Poseidon</b>
<b>Atlas</b>	<b>Prometheus</b>	<b>Ares</b>
<b>Hermes</b>	<b>Achilles</b>	<b>Orpheus</b>
<b>Hades</b>	<b>Argus</b>	<b>Charon</b>
<b>Eros</b>	<b>Hector</b>	<b>Heracles</b>
<b>Icarus</b>	<b>Pan</b>	<b>Hector</b>
<b>Chryses</b>	<b>Priam</b>	<b>Narcissus</b>

## GREEK GIRLS NAMES

These are all names of famous Ancient Greeks. Research the name you choose, and find out what the person was famous for. Make yourself a name badge for Greek day.

Electra	Ariadne	Medusa
Sappho	Hipparchia	Calliope
Clio	Erato	Lampedo
Thalia	Circe	Cassandra
Urania	Helen	Scylla
Hebe	Praxilla	Echo
Hecuba	Chryseis	Erinna
Briseis	Eos	Pandora
Ino	Lysistrata	Penelope
Doris	Hera	Aphrodite
Artemis	Athena	Demeter
Io	Persephone	Rhea
Nike	Jocasta	Hyacinth
Aello	Aglaia	Euphrosyne
Ocypetes	Thelxiepia	Themis
Pisinoe	Aglaope	Pasiphae
Sparte	Psyche	Aspasia

## GREEK BOY'S CLOTHES



An ex- large white adult T shirt will make a good tunic.  
Tie it round the middle with good cord.

## HOW TO DRESS AS A WARRIOR



To make warrior body armour, you can use cloth or cardboard.  
Remember you have to be comfortable and be able to sit down  
while wearing your armour.



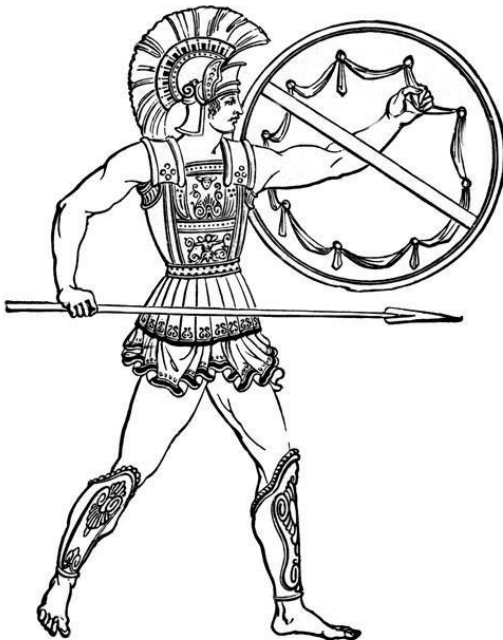
A good starting point is football shin pads. Secure your Greek  
greaves to them. You can make them from cardboard and tied  
around the back of your legs as well.

## GREEK SHIELDS



You will need a **LARGE** Circle of thick, strong cardboard.  
2 long strips of strong cardboard. Long split pins.  
Make sure you cover the ends of the split pins with plaster or sticky tape.

Paint your shield.  
You can see some ideas at the top of the page.



Secure one of the long pieces of card across the middle of the back of your shield.

Place the other long piece of card where you can see the warrior's hand.

This is how you will hold your shield, so make sure these two pieces of card are securely fixed!

## HELMETS, SWORDS AND SPEARS



You need to make a framework of strips of card that fit your head, or start with a baseball cap wearing it backwards.

Cover your cardboard framework with light card. To make the face mask, cut from one piece of light card and attach to the frame work or cap.

**REMEMBER**, that you have to be able to see out the eyeholes. Spray gold.

If you want a sword, make it from cardboard, **no hard plastic swords or wooden swords will be allowed**. You can get **good soft foam swords** from supermarkets and toyshops. Greek swords were quite short, so you will need to cut them down.

If you want a spear, make it from cardboard too. Make sure the spear point is blunt and safe.

Any weapons that do not meet the workshop leader's safety standards will be confiscated.



Come as a Greek God or Goddess. You will have to do some research and use your imagination.  
See if anyone can guess who you are.

## DRESSING AS ANCIENT GREEK GIRLS



All Greek clothes were made from large rectangles of cloth with a minimum amount of sewing. They can be made from old sheets of any colour.

Greeks used linen and woolen cloth to make their clothes.

Please remember it gets cold in Ancient Greece, just as it does in Britain, dress to keep warm! Wear an under dress or adult size white T shirt under your peplos or Chiton. Wear Greek style jewelry.

This is a PEPLOS

